

# Engaging and Supporting LGBTQ Students

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# THE GET REAL™ APPROACH

## Value, Support, and Respect

Get Real™ educators value, support, and respect adolescents' rights and abilities to make informed choices about their own health and safety.



## Engage Parents

Get Real™ educators engage parents and other caring adults as the primary sexuality educators of their children.



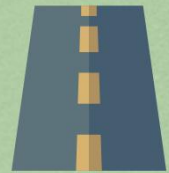
## Inclusive and Learner-Focused

Get Real™ educators create an inclusive, learner-focused environment for their students of all cultures, backgrounds, identities, and experiences.



## Lifelong Process

Get Real™ educators recognize that sexuality education and the exploration of one's own sexuality is a lifelong learning process.



## Communicate Openly and Honestly

Get Real™ educators communicate openly and honestly about sexuality without stigmatizing, shaming, or using fear tactics.



[www.getrealeducation.org](http://www.getrealeducation.org) | [www.etr.org/get-real](http://www.etr.org/get-real)

# Strategies for Inclusivity



# Values and the *Get Real* classroom

## Education Values in *Get Real*:

- Learning medically-accurate, age-appropriate, comprehensive sexuality education is a right all students have.
- Students should be able to access all of the information they need in order to make healthy decisions about their own lives.
- Students have a right to learn about sexuality in an environment free of stigma, shame and fear tactics.
- Sexuality education is a lifelong process.
- Parents/guardians should be the primary sexuality educators of their own children.
- Sexual behavior is a normal and natural part of life that, when practiced safely and consensually, should be pleasurable for both partners.

## Representing Personal Values on a Spectrum:

- “It’s normal if a person does and it’s normal if a person doesn’t.”
- “Some people feel/think/believe...others feel/think/believe...”
- “Everyone’s body is different and different people enjoy/like/are aroused by different things.”
- “I can’t decide for you/a person if something is right/wrong/good/bad, I can tell you whether it is healthy and what the potential risks are....”