



Data, Data, Data!

Helping Pre-Service Health Educators Use YRBS
Data to Inform Health Education Practice

- Learning Objective #1: Examine your own perceptions concerning the health behaviors in which youth (9-12) are engaged.
- Learning Objective #2: Determine the actual percentages related to youth involvement in health risk behavior.
- Learning Objective #3: Discuss the differences between perceived & actual percentages, trends in health risk taking behavior, and new/emerging health risk behaviors.
- Learning Objective #4: Provide reasoning for why & how data can be used to inform our thinking (lesson planning) in HE teacher educator or other professional roles.

Learning Objectives

- YRBS Activity Handout (1 per person)
- Assign Topic Area (1 per group, A - F)
- Complete Part #1 of the activity (Learning Objective #1)

The Activity

- Distribute Fact Sheets (A – F)
- Complete Part #2 of the activity (Learning Objective #2)
- Debrief & Share Parts 1 & 2

The Activity

- Link to questionnaires (Standard HS)
- Complete Part #3 of the activity
- Debrief & Share

The Activity

- Complete Part #4
- Why is the activity relevant?
- What new/emerging issues did we discover?
- What misconceptions did we have concerning youth risk behavior?
- How will we use this in HED lesson planning?

The Activity

- Activity serves as a “refresher” for the types of health risk behavior in which youth can be engaged.
- Extends conversation from traditional or typical health content (alcohol, drugs, tobacco) into not-so-traditional issues (bullying, suicide-related issues, sexual behaviors, sunscreen/indoor tanning, asthma, etc.)
- Set-up to identifying appropriate learning objectives for HED content (HECAT) in order to plan effective lessons.

Next Steps...

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Questions?
