

## Supportive Resources for Working with Schools

### Working with Schools

WISE Method Toolkit, The Grove Foundation, Retrieved 9/2/2016 <http://wisetoolkit.org/> The WISE Toolkit is a practical guide to help schools implement sex education. It was primarily written for non-profits who work with school districts to implement sex ed.

How Schools Work & How to Work With Schools, NASBE, 2014 <http://www.nasbe.org/wp-content/uploads/NASBE-HSW-FINAL.pdf> This guide is intended to help those not familiar with the education environment navigate its complexities so they can better assist schools in achieving their mission of ensuring that all children are successful in their academic pursuits.

How to Work With Schools, AFHK Parent Leadership Series  
<http://www.actionforhealthykids.org/storage/documents/parent-toolkit/parent-leadership-series/how-schools-work-finalx3.pdf> A two-page tip sheet with information, ideas and resources for working with schools.

Speaking Education's Language: A Guide for Public Health Professionals Working in the Education Sector, NACDC, 2013  
[http://c.ymcdn.com/sites/www.chronicdisease.org/resource/resmgr/school\\_health/nacdd\\_education\\_sector\\_guide.pdf](http://c.ymcdn.com/sites/www.chronicdisease.org/resource/resmgr/school_health/nacdd_education_sector_guide.pdf) Developed to assist public health educators with understanding schools and education and how to work to more effectively communicate and work with the education sector.

### Education

Common Core English Language Arts Standards, Common Core State Standards Initiative, 2016  
<http://www.corestandards.org/ELA-Literacy/> National grade K-12 English Language Arts Standards designed to prepare all students for success in college, career, and life by the time they graduate from high school.

The Glossary of Education Reform for Journalists, Parents and Community Members  
<http://edglossary.org/> Created by the Great Schools Partnership this is a comprehensive online resource that describes widely used education and school improvement terms.

A Lexicon of Learning, ASCD <http://www.ascd.org/Publications/Lexicon-of-Learning.aspx> Online dictionary providing clear definitions of educational terms in everyday language.

Every Child Succeeds Act (ESSA) US Department of Education <http://www.ed.gov/essa> New education law replacing No Child Left Behind that reauthorizes the 50-year-old Elementary and Secondary Education Act (ESEA).

ASHA Position Statement: The Every Student Succeeds Act: Implications for K-12 Health Education and Physical Education, ASHA Board, 2/2/2016 <http://www.ashaweb.org/wp-content/uploads/2016/02/ASHA-Position-Paper-ESSA-FINAL.pdf> American School Health Association position Statement on the Every Student Succeeds Act.

Getting Started with ESSA, SHAPE America, 2015 <http://www.shapeamerica.org/advocacy/essa.cfm>

Link to a free e-guide focused on ESSA and its impact on health and physical education programs in schools.

Policy Update: New Opportunities to Support Student Health Under ESSA, National Association of State Boards of Education, Volume 23, No. 15, June 2016 <http://www.nasbe.org/wp-content/uploads/Fobbs-et-al-ESSA-Health-Final.pdf>

Overview of how ESSA provides new opportunities for schools to more fully integrate health into education policies and practices.

### **School Health and Sexuality Education**

Health and Academic Achievement, NACDD, 2014

[http://c.ymcdn.com/sites/www.chronicdisease.org/resource/resmgr/School\\_Health/Health\\_and\\_Academic\\_Achievem.pdf](http://c.ymcdn.com/sites/www.chronicdisease.org/resource/resmgr/School_Health/Health_and_Academic_Achievem.pdf)

Two page report providing compelling evidence of the interrelationship between health and academic achievement.

National Health Education Standards: Achieving Excellence, 2007 (abbreviated document)

<http://mws.mcallenisd.net/health/Health%20National%20Standards.pdf>

Eight National Health Education Standards with related performance indicators at 4 grade levels.

National Sexuality Education Standards, Future of Sex Education Initiative, 2012

<http://www.futureofsexed.org/documents/josh-fose-standards-web.pdf>

Guidance on the essential minimum, core content for sexuality education that is developmentally and age-appropriate for students in grades K–12.

Health Education in Schools – The Importance of Establishing Healthy Behaviors in our Nation’s Youth

[http://www.heart.org/idc/groups/heart-public/@wcm/@adv/documents/downloadable/ucm\\_308679.pdf](http://www.heart.org/idc/groups/heart-public/@wcm/@adv/documents/downloadable/ucm_308679.pdf)

ACS, ADA and AHA statement, with associated data, on the importance of child health and school health education.

Health & Academics, CDC Adolescent and School Health website

[http://www.cdc.gov/HealthyYouth/health\\_and\\_academics/](http://www.cdc.gov/HealthyYouth/health_and_academics/) and related document (2014)

[http://www.cdc.gov/healthyschools/health\\_and\\_academics/pdf/health-academic-achievement.pdf](http://www.cdc.gov/healthyschools/health_and_academics/pdf/health-academic-achievement.pdf)

CDC Adolescent and School Health Whole School, Whole Community, Whole Child website

<http://www.cdc.gov/healthyyouth/wsc/index.htm> Expanded Coordinated School Health Approach.

Healthier Students Are Better Learners: A Missing Link in School Reforms to Close the Achievement Gap, Charles E. Basch, Equity Matters: Research Review No. 6, Columbia University, March 2010

[http://www.equitycampaign.org/i/a/document/12557\\_EquityMattersVol6\\_Web03082010.pdf](http://www.equitycampaign.org/i/a/document/12557_EquityMattersVol6_Web03082010.pdf)