Try it out!

Instructions:
1. Go to the Apple App Store and download the Real Talk app onto an iPhone (search for “Real Talk” or “Real Talk stories” in the App Store).
2. Complete the onboarding experience.
3. Once you get to the home screen with the story tiles and search bar, tap any story tile.
4. Read the story aloud to others in your group.
5. React to the story with an emoji by tapping on one of the text bubbles and then choosing the desired emoji.
6. Scroll down and tap on the external link at the end of the story where it reads “Click to learn more...”.
7. Go back to the home screen.
8. Search for the word “trans” in the search bar up top and read the story that pops up.
9. Go back to the home screen.
10. Give others a turn to repeat steps 3 through 8. Have others search for additional terms in the search bar.

Sample homework assignment

Instructions: In the Real Talk app, search for “breast buds” and “bra”. Read the stories that come up and click on the links that take you to additional resources on the topics. When you have completed this, answer the following questions:

1. A bra size is made up of numbers and letters. What do the numbers stand for? What do the letters stand for?
2. What causes gynecomastia? How long does it take for pubertal gynecomastia to go away?