Acronym Soup: Translating ESSA, SIP, LWP, ETC. for Health Champions

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Welcome

Guess the Acronym!

- DOE
- HHS
- ESEA
- LEA

- BOCES
- WSCT
- SIP
- IEP
Colorado Education Initiative

Vision
Every student in Colorado is prepared and unafraid to succeed in school, work, and life, and ready to take on the challenges of today, tomorrow, and beyond.

Mission
The Colorado Education Initiative unlocks the unique potential of every student in Colorado by incubating innovation, shining a spotlight on success and investing in sustainable change that improves outcomes for students.

Professional Learning
Next Generation Learning
Rigorous AP for All
STEM
Health & Wellness
CEI’s Health and Wellness Initiative

Healthy Students are better learners

LEVERAGE
Best & Promising Practices
- Highlight and disseminate Colorado success stories
- Publish School Health Best Practices Guide and other resources
- Convene teams of educators to create comprehensive health and physical education sample units
- Provide professional development on implementation of best practices

TRANSLATE
Health & Education Policies
- Break down policy and provide support for implementation
- Aid school districts to include health into accountability systems

FOSTER
Collaborative Partnerships
- Convene cross-sector state agencies and education stakeholders
- Aid school districts in creating community-level partnerships
- Aid schools in meaningful engagement of parents and young people

PROMOTE
Data, Accountability Systems
- Create and manage Colorado Healthy Schools Smart Source, a school-level health policy and practice inventory
- Promote participation and use of Healthy Kids Colorado Survey
- Recognize Colorado schools with the Healthy School Champions Recognition award

Strategically Align H&W Efforts To Boost Academic Performance For All Students
Get Involved in Systems Change

• Become informed
  ➢ Identify the opportunities
  ➢ Know the politics and people in charge

• Use data and research to make the case

• Tie to other mandates and programs
  ➢ SIP
  ➢ LWP
Every Student Succeeds Act (ESSA)
ESSA 101

- Bi-partisan bill passed in December 2015
- Replaces No Child Left Behind (NCLB)
- Governs all federal funding for education

- Major changes:
  - Point of Control
  - “Well-rounded Education”
  - “Equity”
ESSA 101

Equality vs. Equity

Equality: All children playing together in the same space.

Equity: Providing extra support or resources to children who need it, so everyone can play at the same level.
Underlying Impact of ESSA

• ESSA State Plan will drive school- and district-level priorities and funding allocation

• Education laws help shape the social and economical environment

• ESSA includes provisions aimed directly at:
  – Health, mental health, safety

• ESSA has equitable education opportunities for all:
  – Economical disadvantages, racial and ethnic groups, disabilities, ELLs, genders, migrant, rural and homeless
ESSA Opportunities for School Health

Title I/School Improvement
- School-wide & targeted assistance programs (40%+ FRL)
- Well-rounded education (replaces “core”)
  - Definition includes health education and PE

Title II
- Applies to ALL school staff
- Broader definition for professional development
ESSA Opportunities for School Health

State Accountability Systems

• Current Colorado System:
  – Academics
  – Academic Growth
  – Academic Growth Gaps
  – Post-Secondary or Workforce Readiness

• MUST ADD A 5th INDICATOR
  – Non-Academic (measure of school quality or success)
    o Chronic Absenteeism
    o Post-Secondary and Workforce Readiness (PWR)
ESSA Opportunities for School Health

Title IV

• Part A, Student Support and Academic Enhancement
  • Well-rounded Education – 20%
  • Safe and Healthy Students – 20%
  • Effective Use of Technology – 15%

• Part B, 21st Century Community Learning Centers
  – School-community partnerships
  – Afterschool programs – includes nutrition education and physical activity

• Needs Assessment and Implementation Plan
Activity Time!

In groups, complete the following on chart paper:

- List examples of programs, policies or practices that fit within the WSCC model and could be included in Title IV, Part A funding?
Get Involved in Systems Change

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• Use research and local data to make the case

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  ➢ SIP
  ➢ LWP
Why incorporate Health and Wellness?

Learning readiness  
School engagement  
Academic performance

Increased

Absenteism
Behavior issues
Truancy

Decreased
Research
## Survey Topic Areas

<table>
<thead>
<tr>
<th>Category</th>
<th>Topics</th>
</tr>
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</table>
| **Protective Factors** | • Trusted Adults  
                          • School/Community Involvement  
                          • Access to health care         |
| **Risk Behaviors**     | • Alcohol, marijuana, tobacco, substance abuse  
                          • Driving while texting/under the influence |
| **Mental Health**      | • Depression  
                          • Suicide  
                          • Bullying          |
| **Health Behaviors**   | • Nutrition and Physical Activity  
                          • Sexual Health (High School Only) |
School Health Assessment of Policies and Practices

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
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<tbody>
<tr>
<td>Comprehensive of all school health components</td>
<td>Streamlines how data are collected and reported</td>
</tr>
<tr>
<td></td>
<td>Developed and informed by multiple stakeholders</td>
</tr>
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<td></td>
<td>Administered statewide to all school-levels</td>
</tr>
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<td></td>
<td>Used to inform improvements to school health efforts</td>
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</tbody>
</table>
Get Involved in Systems Change

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School Improvement Plans (SIP)
What is School Improvement Planning?

Strategic plans that are focused on improving the quality of teaching and learning to strengthen academic achievement

Provide a framework and systematic process for analyzing challenges, identifying underlying problems and solutions
<table>
<thead>
<tr>
<th><strong>Unified Improvement Planning (UIP)</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Alignment</strong></td>
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<td><strong>Documentation</strong></td>
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<td><strong>Transparency</strong></td>
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<td><strong>Best Practice</strong></td>
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<tr>
<td><strong>Support</strong></td>
</tr>
</tbody>
</table>
Why incorporate Health and Wellness?

The ultimate purpose of all SIPs is to increase students’ academic achievement.

Health impacts academic achievement!

For many schools, the SIP is the most important planning document developed annually or bi-annually.
http://www.chronicdisease.org/?SchoolHealthPubs
LOCAL SCHOOL WELLNESS POLICY

Final 2016 Rules
What is a Local Wellness Policy (LWP)?

- Written document that guides LEA’s efforts to establish a school environment that promotes student health, well being, and ability to learn
- Established by Women Infant and Children's Act of 2004
- Further strengthened by reauthorization of Healthy Hunger Free Kids Act of 2010
- LEA’s must fully comply with requirements of the final rule as of June 30th, 2017
Major Changes

- Stakeholders must be permitted to participate in the development, implementation*, annual review, and update of the local wellness policy

- Identify one or more LEA and/or school official(s) that will ensure each school complies with the policy

- Goals must include:
  a) Nutrition promotion and education
  b) Physical activity
  c) Other school-based activities that promote student wellness

* Must now have a tri-annual assessment regarding the implementation of the LWP at the school-level
What can YOU do!

• Help shape what the school year will look like for you…
  – Take time to learn the education landscape
  – Call for continued collaboration and ensure work is informed by the field
  – Implementation will occur at district and school-building level
    o Local policies are vital to this process
  – Collect and use school health data!
  – Educate! Bring awareness to administrators and parents about link between health, school climate and learning
Activity Time!

• Exit Ticket!

On a sheet of paper, please number 1-3 and answer the following:

1. What was one AH HA from today’s presentation?
2. What is your next action step?
3. Who can you/will you talk to?
CEI Resources

- Connecting Health and Learning
- School Health and Wellness: Implications of State and Federal Legislation
- Colorado Framework for School Behavioral Health
- Measuring School Climate: A Toolkit for Districts and Schools
- School Health Best Practice Guide
- OTHER Health and Wellness Resources
VIDEO
Thank you!

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