Data, Data, Data!

Helping Pre-Service Health Educators Use YRBS Data to Inform Health Education Practice
• Learning Objective #1: Examine your own perceptions concerning the health behaviors in which youth (9-12) are engaged.

• Learning Objective #2: Determine the actual percentages related to youth involvement in health risk behavior.

• Learning Objective #3: Discuss the differences between perceived & actual percentages, trends in health risk taking behavior, and new/emerging health risk behaviors.

• Learning Objective #4: Provide reasoning for why & how data can be used to inform our thinking (lesson planning) in HE teacher educator or other professional roles.
The Activity

- YRBS Activity Handout (1 per person)
- Assign Topic Area (1 per group, A - F)
- Complete Part #1 of the activity (Learning Objective #1)
• Distribute Fact Sheets (A – F)
• Complete Part #2 of the activity (Learning Objective #2)
• Debrief & Share Parts 1 & 2
• Link to questionnaires (Standard HS)
• Complete Part #3 of the activity
• Debrief & Share
• Complete Part #4
• Why is the activity relevant?
• What new/emerging issues did we discover?
• What misconceptions did we have concerning youth risk behavior?
• How will we use this in HED lesson planning?
• Activity serves as a “refresher” for the types of health risk behavior in which youth can be engaged.
• Extends conversation from traditional or typical health content (alcohol, drugs, tobacco) into not-so-traditional issues (bullying, suicide-related issues, sexual behaviors, sunscreen/indoor tanning, asthma, etc.)
• Set-up to identifying appropriate learning objectives for HED content (HECAT) in order to plan effective lessons.

Next Steps...
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