DASH’s Approach to HIV Prevention Among Adolescents

Division of Adolescent and School Health (DASH)
What We’ll Do Today

- Why we do our work
- Who our funded programs are and where they are
- What our funded programs do
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Sexual Activity Among US Teens
YRBS, 2015

National Youth Risk Behavior Survey, 2015
Among All Currently Sexually Active Teens...

- 9th Grade
- 10th Grade
- 11th Grade
- 12th Grade

- Did Not Use A Condom
- Used Alcohol/Drugs Prior to Last Sex

National Youth Risk Behavior Survey, 2015

- Used a condom at last sexual intercourse*
- Drank alcohol or used drugs before last sexual intercourse*
- Had sexual intercourse with 4 or more persons

*Among the students nationwide who were currently sexually active.
High Schools: Teach the Benefits of Being Sexually Abstinent

School Health Profiles, 2014
High Schools: Teach How HIV and Other STDs are Transmitted

School Health Profiles, 2014
High Schools: Teach Importance of Using Condoms Consistently and Correctly

School Health Profiles, 2014
Teens’ Use of Sexual Health Services Is Low

- 22.4% of sexually experienced students had been tested for HIV\(^1\)
- Among students with access to school-based health services, 7% report using those services for sexual health-related services\(^2\)

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\(^2\) CDC unpublished data
Percentage of secondary schools that provide students with referrals* for STD treatment

*To any organizations or health care professionals not on school property.

School Health Profiles, 2014
Percentage of secondary schools that provide students with referrals* for pregnancy testing

*To any organizations or health care professionals not on school property.

School Health Profiles, 2014
Percentage of secondary schools that provide students with referrals* for condoms

*To any organizations or health care professionals not on school property.

School Health Profiles, 2014
Percentage of secondary schools that provide students with referrals* for HPV vaccine administration

*To any organizations or health care professionals not on school property.

School Health Profiles, 2014
Percentage of High School Students Who Were Bullied on School Property,* by Sex,† Grade,† and Race/Ethnicity,† 2015

*During the 12 months before the survey
†F > M; 9th > 12th, 10th > 12th, 11th > 12th; W > B, W > H (Based on t-test analysis, p < 0.05.)
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Note: This graph contains weighted results.
Percentage of secondary schools that implement parent engagement strategies for all students

School Health Profiles, 2014
Middle and High Schools: Have a Gay/straight Alliance or Similar Club

School Health Profiles, 2014
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DASH-Funded State and Local Education Agencies
NGO/Capacity Building

- **Sexual Health Education**
  - Advocates for Youth
  - Healthy Teen Network

- **Sexual Health Services**
  - National Coalition of STD Directors
  - CAI Global

- **Safe and Supportive Environments**
  - American Psychological Association
  - GSA Network
YMSM Innovation Funding

Schools
(e.g., inclusive sex ed, GSAs, safe spaces, allies)

Health Clinics
(e.g., HIV/STD testing, family planning, counseling)

CBOs
(e.g., health services, social services, HIV/STD prevention education)

Los Angeles
San Francisco
Broward
What We’ll Do Today

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Continuum of Supports Based on Population Size and Risk

- Teens at Disproportionate Risk
- Targeted Programs
- Sexually Active Teens
- Sexual Health Services
- All Teens
  - Sexual Health Education

Safe and Supportive Environments
Program Activities

- **State-wide or District-wide**
  - Policy assessment and improvement (sex ed, sexual health services and safe/supportive environments)

- **Priority Districts or Schools**
  - Curriculum assessment and improvement
  - Professional development for teachers, nurses, and other school staff
  - Increase school-based or school-linked health services
  - Institute specific environmental changes to create safe and supportive environments
Sexual Health Education Definition

- **Policy**
  - Allows or prohibits elements of sexual health education

- **Curriculum**
  - Planned, sequential learning experiences – grades K–12
  - Address needs of all students
  - Programs that are:
    - Medically accurate
    - Developmentally appropriate
    - Consistent with scientific research regarding effective sexual health education

- **Instructor/Instruction**
  - Qualified sexual health education instructors
  - Knowledge of effective strategies
  - Understand relevant law/policy
  - Comfortable and confident with material and able to create a comfortable learning environment
The Role of Sexual Health Services in Primary Prevention of HIV for Adolescents

- Opportunity to educate
- Provision of condoms
- STD testing and treatment
- HIV testing
- Provision and monitoring of PrEP
- Provision of or referral to other services
  - Behavioral/mental health
  - Substance use
  - Housing/social services
Implementation
DASH Grantee – Oakland Unified School District
Questions / Discussion

NCHHSTP/
Division of Adolescent and School Health
www.cdc.gov/healthyyouth

NCCDPHP/DPH/
School Health Branch
www.cdc.gov/healthyschools

For more information please contact Centers for Disease Control and Prevention
1600 Clifton Road NE, Atlanta, GA 30333
Telephone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348
Visit: www.cdc.gov | Contact CDC at: 1-800-CDC-INFO or www.cdc.gov/info

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.