



## **Healthy Students . . . Successful Learners**

84th Annual ASHA School Health Conference  
October 13 – 16, 2010  
Hyatt Regency Crown Center  
Kansas City, Missouri

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### **Pre-Conference Workshops**

**Wednesday / October 13**

**1 - 5 pm**

*Empire A*

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#### **Motivating Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) Students to Stay Sexually Healthy**

*James F. Bogden, MPH*

*Co-Authors: Clinton Anderson, Jo-Anne Fournier, Tyler Webb*

#### **Learner Objectives**

Participants will:

- describe significant risk and protective factors that influence the lives of Lesbian, Gay, Bisexual, Transgendered, and Questioning (LGBTQ) youth.
- support the healthy development of sexual orientation, gender identity, and caring relationships among youth.
- motivate young people to prevent HIV, STDs, and pregnancy.
- identify community resources that serve LGBTQ youth and their families.

#### **Session Summary**

This session will include an overview of LGBTQ youth health issues and instruction in using non-threatening, non-judgmental skills to help to elicit health-promoting intentions and behaviors. Skills practice will focus on HIV prevention and testing. The session will be highly interactive, with frequent small group work and engaging activities. Participants will receive a notebook with supporting information and current resources.

#### **Abstract**

APA proposes to deliver a portion of our newly updated and revised full-day workshop on Supporting Healthy LGBTQ Youth. Following a brief overview of common health issues among LGBTQ youth, the bulk of the session will focus on teaching basic Motivational Interviewing skills designed to help school-level professionals who have a counseling role (at least part of the time) to use non-threatening and non-judgmental techniques to elicit health-promoting intentions to act from young people.

**American School Health Association**

7263 State Route 43 • PO Box 708 • Kent, OH 44240

330/678-1601 • 330/678-4526 (fax)

[www.ashaweb.org/84thConference](http://www.ashaweb.org/84thConference)

Skills practice will focus on applying HIV prevention concepts, such as encouraging sexually active students to seek HIV testing from appropriate sources. This theory-based workshop is designed to be highly interactive throughout, with frequent small group work and activities designed to engage adult learners.

Participants will receive a notebook with supporting information and current resources.

**Wednesday / October 13**

**1 - 5 pm**

*Empire B*

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**ALLIES AND ENEMIES:**

**The Challenge of Divorce - Legally, Emotionally, and in the Classroom**

*Jennifer Kresge, BA, MA*

**Learner Objectives**

Participants will:

- understand and comprehend the dynamics of divorce, legally, empirically, and emotionally.
- explore the cognitive, neuropsychological, and emotional challenges divorce brings and the ways in which it effects the whole child; his/her ability to learn and to make choices.
- construct appropriate interventions and learning environments as well as to create an atmosphere where both parents are welcome and able to interact effectively in the child's school environment.
- identify challenges in the transitions of child or adult. The parameters and importance of consistency, predictability, and structure.
- learn risk factors for the child and the adult and the means for offsetting these risks.
- explore and utilize of macro and micro issue spotting and how to create healthy opportunities for choice.

**Session Summary**

When families and children are angry, emotionally enmeshed, unable to see a positive future, and committed to turning every decision into a major moral contest and power struggle, even the best designed services often fail. The presenter will explore the dynamics often leading to poor choices and disruptive behavior. This interactive workshop will provide insight into these choices, and windows into the opportunities each of us have to create change and alternatives for students, families, and staff. The presenter will explore the ripeness, timing, and delivery of interventions and their impact on us all.

**Abstract**

Divorce is an emotionally engaging and legal process. Few school personnel truly understand the challenges presented by divorce to the family, the school, the adult, and the child. Yet these challenges effect over 50% of our school populations. It is the dynamics of divorce which most commonly place risk to the school environment and it's students.

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In this workshop, participants will develop an understanding of the mechanics of divorce, the impending implications, children's needs, and how to offset the dilemmas divorce provides for all who come in contact with it. Through the use of PowerPoint, conversation, and experiential exercise, participants will explore their perceptions and experience and expand their options in challenging divorce-related situations.

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## **Post-Conference Workshops**

**Saturday / October 16**

**1:15 - 4:15 pm**

*Empire A*

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### **Healthy Students, Successful Learners:**

#### **Strategies for Gaining Top School Administrator Support**

*Sandy Klarenbeek, MS, CHES; Jaki Ellis, MS, CHES, Bev Samek, MS, Marjorie Benjamin; Mary Miller, BSW; Mary Booth, MS, RD, LD; Susan Baldwin, PhD, CHES*

### **Learner Objectives**

Participants will:

- describe the key findings of the school literature on the importance of administrative support.
- improve their ability to articulate the connections between a coordinated approach to school health and administrator concerns and priorities.
- apply at least three new strategies for gaining administrative support in their LEAs.

### **Session Summary**

This workshop is offered as a collaborative effort between the ASHA Council on Administrative Support for School Health and the ASHA School Health Coordinators Section. The literature supports the notion that administrative support is a critical component of successful school health coordination. The challenge that remains for many is how to gain that support. Participants will review the literature, and hear from an award-winning administrator and a panel of exemplary coordinators. This will be followed by a discussion in small groups about how to apply strategies for gaining administrative support in their LEAs.

### **Abstract**

ASHA's School Health Coordinators Section and Council for Administrative Support for School Health are collaborating to present this workshop; they share an understanding of the critical importance of administrator support to the success of a coordinated approach to school health and ultimately to the success of students as learners. Although the school health literature and field experience have long established that administrative support is a critical component of successful school health coordination, the continuing challenge has been how to gain that support.

The session will include:

- an overview of findings regarding administrator support for school health;
- a presentation by the 2010 winner of the Superintendents School Health Leadership Award about how s/he came to recognize school health links to student success and how s/he demonstrates support for school health;
- a panel discussion by practicing coordinators from a variety of settings and states who have been successful at gaining support from their administrators;
- small group discussion and networking facilitated by workshop presenters about how to apply lessons learned; and
- skill building to advocate for the interconnectedness of health and learning issues and the merits of a coordinated approach.

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**Saturday / October 16**

**1:15 - 5 pm**

*Empire B*

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**Systems Thinking, Systems Changing ... Implementing School Health Programs Effectively Within The System!**

*Jessica Bogli, MS*

**Learner Objectives**

Participants will:

- be confronted with realistic decisions and experiences around implementing school health programs within school systems
- be compelled to consider new ways of looking at their goals and their work and be challenged to review what they consider legitimate indicators of success
- try proven methods for making system-wide changes

**Session Summary**

Systems Thinking/Systems Changing™ is an activity used by teams in workshop settings all over the country to experience what it takes to make effective systemic change in schools. It teaches educators, school boards, school administrators, and partners about the structures and strategies that schools need to be continuously improving school health programs within a system.

**Abstract**

The Network Inc., has developed a 3-6 hour board game called Systems Thinking/Systems Changing.™ This interactive activity is used by teams in workshop settings all over the country to experience what it takes to make effective systemic change in schools. It teaches educators, school boards and councils, leadership teams, school administrators, educational consultants, and reformers about the structures and strategies that schools need to be continuously improving learning organizations that are the best they can be.

Bogli Consulting has facilitated this highly engaging activity to many organizations, partners of education and within schools, districts and state departments of education all over the country. We frame the activity by using school health examples and language.