



## **Healthy Students . . . Successful Learners**

**84th Annual ASHA School Health Conference**

October 13 – 16, 2010

Hyatt Regency Crown Center

Kansas City, Missouri

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# **Concurrent Sessions - By Topic**

## **Advocacy**

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### **What's New! Health and Academic Achievement**

Carolyn Fisher, Nancy Brener, Kathryn Foti, Catherine Rasberry

Co-author: Sarah Lee

### **Measuring School Wellness**

Elaine Belansky, Bridget Beatty

### **Garnering Administrator Support for School Health Programs**

JoEllen Tarallo-Falk

### **The Challenge of Change: Quality Assurance in School Nursing Practice**

Kathleen Maguire

### **Making the Connection II: Health and Student Achievement**

Jacquelyn Sowers

### **Coping Strategies of Mothers of Students with Cardiac Problems**

Mostafa Abolfotouh

Co-authors: Gehan Mounir, Kholoud Tayel

### **The ASCD Health School Communities Pilot Project:**

#### **Evaluation Criteria, Methodology, and Results**

Robert Valois, Sean Slade

Co-authors: Theresa Lewallen

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**Health Advocacy: On the Radio**

Carolyn Cox, Megan Temme, Jenna Osseck, Ashley Hartman

**Using Anti-Smoking Messages in Songs to Advocate for Healthy Students**

Alan Sofalvi, Donna Videto

## **Alcohol, Tobacco, and Other Drugs**

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**Smokebusters: A Story of Youth Advocacy for Policy Change**

Mary Ann Reed, Alma Hopkins, Cindy Guenter, Katie Ausmus

Co-authors: Kevin Everett, Joyce Lara, Lori Moots-Clair

**Smokebusters: An Effective Program for Healthier Learning**

Joyce Lara, Judy Frueh

Co-authors: Mary Ann Reed, Lori Moots-Clair

**Mental Health & Substance Use: Screening for High Risk Youth**

Steve Weatherbee

**Fetal Alcohol Syndrome, Diagnosis, and Treatment**

Pam Shaw

**School Attendance and Smoking:**

**The Need for Coordinated Monitoring Efforts**

Shanta Dube

Co-authors: Daniel Shive, Kevin Davis, James Nonnemaker, Shobhana Rishi

**Junior High School Students' Involvement in Recent Substance Use,  
Risky Behaviors, and Pro-Social Behaviors Based on Perceived School Safety**

Keith King, Rebecca Vidourek

**Psychosocial Factors Associated with Recent Alcohol Use  
Among African American Youth**

Rebecca Vidourek, Keith King

**Drugs 101: What Parents Need to Know**

Jamie Reisinger

**Generation Rx: The Dangers of Prescription Drug Abuse**

Anne Howerton

Co-authors: Marcy Coppernoll

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## Assessment

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**Help! They Want Me to Evaluate:  
Practical Strategies for Evaluating School Health Programs**  
Elana Morris, Catherine Rasberry

**Using Cognitively Demanding Assessments in Health Education  
to Improve Students' Critical Thinking Skills**  
Nancy Hudson, Tami Benham Deal

## Collaboration

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**Student-Driven School Change Improves Health and Learning**  
Greg Williamson, Adam Borchert, Carole Layton

**Health Communication and School Environments: Addressing Equity  
and Health Disparities in School Indoor Air Quality and Asthma Programs**  
Sharon Adams-Taylor, Lorene Alba  
Co-authors: Yasmin Bowers, Kelly Beckwith

**Should I Take a Chance?  
A Gambling/Addictions Unit for High School - A Collaborative Effort**  
Sachin Karnik, Elizabeth Thomas, Roberta Gealt, Cynthia Wolford Symons  
Co-authors: Janet Arns Ray

**Enhancing Classroom HIV/AIDS and Sexuality Education Experiences for Teachers and  
Students: A Collaborative Training Model Linking Facts, Skills, and Strategies**  
Lisa Angermeier, Catherine Sherwood-Laughlin, Jennifer Staab  
Co-authors: Denise Seabert, Susan Henry

**Creating an Asthma Friendly School: Collaboration is the Key**  
Cheryl De Pinto, Lani Wheeler  
Co-authors: Rachel Hess-Mutinda

# **Coordinated School Health Programs**

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## **Utilizing the Alliance for a Healthier Generation to Achieve Healthy Students ... Successful Learners**

Ty Oehrtman

## **Linking Health and Wellness to School District Improvement Plans: A Success Story**

Barbara Donica, Amanda Martinez  
Co-author: Brenda Greene

## **State Education Agency Strategies for Coordination to Support Learning and Health**

Craig Wethington, Marcia Rubin

## **Developing a Student Wellness Council in a PAR Study to Assess and Enhance School Health**

Catherine Ramstetter  
Co-author: Amy Bernard

## **What's Next for CSH? Moving from Rhetoric to Sustainable Action**

Sean Slade, Robert Valois

## **Making Kansas School Wellness Policies "Work" Through Coordinated School Health**

Mark Thompson, Jane Shirley, Brandon Skidmore

## **It's All About Kids Coordinated School Health Program - A Program That Works**

Pam Rask, Lynnsey Childress

## **Using a Coordinated School Health Approach to Develop Healthy Students**

Lauren Kazee, Bob Higgins

## **Quantifying "Coordination" in Coordinated School Health Programs Using Himmelman's Strategies for Working Together as a Theoretical Model:**

### **The Tennessee Experience**

Deborah Slawson, Rebecca Johns-Wommack, Sara Smith,  
Megan Quinn, Jodi Southerland, Kasie Richards

## **Student Supports and School Environment: A Framework for Secondary School Reform**

Bonnie Edmondson, Cheryl Resha

## **Using the Mariner Model to Build a Statewide System of Support for Local Wellness Council Capacity**

Melanie Purkey, Don Chapman

## **Ignite a Healthy Environment**

Julie A Frank, Vickie James

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## Diversity

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### **Getting on the Same Page: Creating an Integrated System of Support for Gay, Lesbian, Bisexual, Transgender, and Questioning Youth**

Bob Higgins, Laurie Bechhofer  
Co-author: Kim Phillips-Knope

### **Using Differentiated Approaches to Address Diversity in Health Education**

Donna Bernert, Elizabeth Fettrow

### **Beyond the Volcanoes: A Coordinated School Health Program in Rural Nicaragua**

Amy Cory

### **A University School Partnership: Rural Community Capacity Enhancement**

Melinda Bier, Jerry Brehmer, Brenda Freed, Melinda Hemmelgarn  
Co-authors: Andrea Heuring, Semona Penrod

## Health Education and/or Promotion

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### **Involving Schools in the National Action Plan to Improve Health Literacy**

Carolyn Fisher, Nora Howley, David Wiley, Mary Louise Embrey  
Co-author: Cynthia Baur

### **Giving High School Students a Healthy Channel to Establish Independence and Leadership Skills as a Peer Health Leader**

Amanda Howard, Meagan Darrow

### **Developmentally Appropriate Practice: Evidence-Based Guidelines for Improving Health Education Practice**

Angela Backus, Cynthia Symons, Irene Renee Axiotis, Judith Johns

### **Communicating About Health Literacy: Empowering Individuals, Systems, and Society**

Barb Jones, Susan Centner

### **How to take Districts and Schools Through a Mapping and Alignment Process Using the National Health Education Standards**

Jessica Bogli

### **Getting Students to “Like” Health Education: Application of Best Practices from Cognitive Psychology**

David Lohrmann, Patrick Herbert

**The Good Thinker's Tool Kit: Digging Deeper for Better Learning with Philosophy for Children (P4C) in Grades K-12**

Beth Pateman, Ku'u lei Serna  
Co-author: Tom Jackson

**Best in Show: The Illinois Blue Ribbon Award Program for Health Education**

Marcia Berke, Millie Shepich

**Classroom Strategies That Enhance Motivation and Learning**

Geri Graham

**Teaching Strategies for Surviving Middle School Health: Using Effective Graphic Organizers to Cover Health Content**

Shawna Shane, Sunnin Keosybounheuang

**Challenges to the Behavior Changes: A New Twist of Increasing Motivation to Your Health Behavior Change Projects**

Shawna Shane, Joan Brewer, Jennifer Thomas, Sunnin Keosybounheuang

**Dealing with Death and Dying**

Brittany Rosen

**Planning and Implementing Skills-Based Health Education, PreK-12**

Mary Connolly

**How Do You Spell Relief: O-U-T-R-E-A-C-H**

Brenda Sooter, Debbie Nightingale, Lisa Hoffman,  
Nelda Littwiellier, Cindy Foster

**Dynamic Teaching Methods in Health**

Deborah Tackmann

## **Health Services**

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**To The Rescue!**

Jim Akers, Lisa Harnacker, Elizabeth Mayes, Juliette Travous

**Effects of an Environmental Asthma Trigger Home Assessment Program on School Nurse Referred Students**

John Kraemer

**Nothing Measured Nothing Gained: Tools and Techniques for Communicating the Effectiveness of School Health Services**

Eric Armbrrecht, Tammy Rood  
Co-authors: Benjamin Francisco, Deborah Cook

**Connecting Community Providers, School Nurses, and Parents to a School-Based Screening EMR**

Brie Cantrell, Melissa Frerking

**Schools in Public-Private Partnerships for Child Health**

Terry Plain

**Flash 20/12 -N- Your Super Grill**

Dave Sullivan, Michael Toombs

## **Injury and Violence Prevention**

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**Signs of Suicide - QPR & SOS Teen Suicide Prevention**

Kathleen Welton, Christy Vogt  
Co-author: Jean Brown

**ACT to Prevent Student Self-Injury**

Candice Porter  
Co-authors: Jennifer Muehlenkamp, Barent Walsh

**Classroom Activities That Use the ABC Steps of Rational Emotive Behavioral Therapy to Better Prepare Students for Common Life Situations Where Their Health, Safety, and Even Life May Be At Risk**

Ray Mathis

**Choking Game: An Alternative High in the Midwest**

Joseph Dake, James Price, Nicole Kolm  
Co-author: Brittney Ward

**A Model for Teen Dating Violence Prevention**

Diana Ruschhaupt, Mary Liechty  
Co-author: Heidi Hancher-Rauch

**Promoting Health and Preventing Multiple Risk Behaviors in Elementary-Age Children: A Randomized Control Study of the Michigan Model for Health**

Jim O'Neill, Jeffrey Clark  
Co-author: James Jones

## **Nutrition**

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### **One Child At A Time - Improving Health and Learning by Changing the Trend of Diabetes and Obesity**

Brooke Holiday, Gwendelyn Riggs

### **Prevalence of Obesity Among Mississippi Public School Students and the Correlation Between BMI and Academic and Behavioral Performance**

Jerome R. Kolbo, Lei Zhang, Bonnie Harbaugh  
Co-authors: Elaine Molaison, Keith Rushing

### **Availability of Junk Foods in US Secondary Schools**

Terrence O'Toole  
Co-authors: Nancy Brener, Laura Kann, Richard Lowry, Howell Wechsler

### **Trends in Weight Management Behaviors Among Overweight and Non-Overweight High School Students - United States, 1999-2009**

Richard Lowry

### **Game-Based Obesity Prevention - Proving It Works!**

Bridget Clementi, Richard Schafer  
Co-authors: Maureen Collins, Melinda Jacobs, Margaret Lancelot, Kristyn Maletta

## **Physical Activity**

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### **PE Teachers and School Nurses Kick Asthma**

Raymond Kohl, Katie Van Cleave

### **Incorporating Geocaching into Multiple Settings to Increase Physical Activity**

Jane Shirley, Mark Thompson

### **Health, Fitness, and Academic Achievement**

Laura Beckmann, Thomas Loughrey

### **Designing District-Wide Accountability Systems for Student Achievement**

Laura Beckmann, Thomas Loughrey

### **AAFP & Scholastic - Ready, Set, FIT! Program**

Kara Cox

### **Preliminary Findings of a Low Cost, Classroom-Based Physical Activity Intervention**

Heather Erwin, Aaron Beighle  
Co-authors: Chuck Morgan, Melody Noland

**Instant Fitness Activities for the Classroom**

Leslie Robinson-Fisher

**Assessment of School Wellness Policies  
in a Nationally Representative Sample of School Districts**

Nancy Brener,

Co-author: Terrence O'Toole

**Local Wellness Policies: Examining the Implementation and Evaluation Activities  
in 6 School Districts**

Seraphine Pitt Barnes

Co-authors: Leah Robin, Terrence O'Toole, Nicola Dawkins,

Laura Kettel Khan, Laura Leviton

## **Professional Preparation**

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**Oh No, Not Another Meeting! Effective Group Facilitation**

Natalie Boyer

**Thanks for the Memories: Retaining Health Messages in the Long-Term**

Debra Christopher, Nicolas Christopher

**Information Literacy Skill-Building in School Nursing Practice**

Louise Miller, Marjorie Cole, Barbara Jones, Rebecca Graves

**Jump Aboard the D-Train: A Model for Dissemination of School Health Tools**

Anu Pejavara, Kimberly Nicholson

**How to Write a Good Abstract:**

**Tips for Getting Your Research Accepted for a Conference Presentation**

Danice Eaton, Sherry Everett Jones, Robert McDermott

**The Relationship Between Teacher Training  
and Class Structure on Health Instruction Implementation in the Classroom**

Bart Hammig

Co-authors: Roberta Ogletree, Marcie Wykoff-Horn

**Institutions of Higher Education Pre-Service School Health Education Practices**

Brad Davidson, Susan Telljohann, Joseph Dake, James Price

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# **Sexual Health / Reproductive Health / STD/HIV**

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## **Amsterdam to Albany: Can the US Adopt Positive Sexual Health Attitudes and Approaches from Our Friends Across the Sea?**

Barbara Huberman, Tom Klaus

## **Sexually Healthy Adolescents: How Do We Get There?**

Dianne Kerr, Amy Thompson

## **WISE and Shine!**

Kim McLaughlin, Sandra Pawlak

## **Embracing Youth Development Approaches to Sexual Risk Prevention Among Youth: Implementation of Project AIM in Urban Middle Schools**

J. Terry Parker

Co-authors: Kim Miller

## **Outcomes of the Project AIM Middle School Feasibility Study: Lessons Learned from the Real World**

J. Terry Parker

Co-authors: Kim Miller

## **Sexting: Flirting or Felony?**

Michelle Scarpulla

## **Staff Wellness**

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### **Outstanding School Employee Wellness Programs**

Ann Kelsey Thacher

Co-authors: Sara Bowie

### **If You Are Happy and You Know It . . . Happiness Lesson Ideas for Your Mental-Emotional Health Unit**

Tammy Wynard

## **Technology**

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### **It's Ok To Be Social: Using Social Media To Reach Your Target Audience and Beyond**

Breann Westmore, Miranda Graves

### **Reaching Youth Through Technology**

Kathleen Courtney, Marcus Carruthers

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**NetSavvy Kids: Helping Adults Help Kids Be Smart and Safe Online**

Jamila Boddie, Nora Howley, Jennifer Schuler

**Picture It! Embracing Cell Phones as a Teaching Tool in the Health Classroom**

Elisa Beth McNeill, Kelly Wilson

**Using Podcasting to Enhance Teaching and Learning in the Classroom**

Andrea Hope

**Using Media to Promote Health**

Elisa Beth McNeill, B. E. Pruitt